

|   | Expectations                   | Explanation  |
|---|--------------------------------|--|
| 1 | Title of Module 1              | <b>EU Youth Policies and EU Youth Strategy</b>   |
| 2 | Description                    | - Acquiring knowledge about the EU Youth Strategy and EU Youth Policies and competences on how to transfer it to other learners<br><br>- Duration: 120 minutes (part 1) + 60 minutes (part 2)  |
| 3 | Results                        | Understanding and explaining to others the EU Youth Strategy and the EU Youth Policies   |
| 4 | Materials                      | <ul style="list-style-type: none"> <li>• Laptop</li> <li>• projector</li> <li>• paper</li> <li>• pens</li> <li>• posters/flipchart</li> </ul>  |
| 5 | Preparation                    | The trainer(s) should prepare on the topic of the session and familiarize themselves with a PPT presentation to engage the participants and discuss it with them.<br><br>Also familiarize themselves with videos on the topic.<br><br>It is appropriate to prepare an interactive quiz on the European Union to test knowledge.  |
| 6 | Description                    | This session will introduce participants to<br>- European Youth Strategy 2021-2027<br>- EU Youth Policies<br>and their importance for youth development and their participation as active citizens in society<br><br>The aim of youth policy is to create a favourable environment for the development of young people, to meet their needs, to strengthen their personal and professional capacities and to involve them in various aspects of society. It can include areas such as: education, employment, healthcare, culture, sports, participation of young people in decision-making, etc.<br>Youth policy is formulated and implemented at the local community level, then at the national and international/EU level. |
| 7 | Implementation of the activity | <b>Part 1</b><br>1. The trainer asks a question about the EU Youth Strategy.<br><br><i>What is it? What is its most important feature?</i><br><br><i>The questionnaire can be made through Kahoot, with other questions added at the trainer's discretion.</i><br><br>2. Introduces the participants through a presentation on the EU Strategy for the period 2021-2027.   |

The goal is to start a discussion about the EU Youth Strategy as an instrument that *“fosters youth participation in democratic life, supports social and civic engagement and aims to ensure that all young people have the necessary resources to take part in society”*. At the same time, the trainer(s) will show to participants how each of them pointed out different elements as “the most important feature”, engaging them in explaining why that aspect is important to them.

Starting from the concept of “different important elements for different people”, the trainer(s) will introduce the EU Youth Goals noting that:

- they were developed during a dialogue process which involved young people from all over Europe.
- The 11 European Youth Goals identify cross-sectoral areas that affect young people’s lives and point out challenges.
- The EU Youth Strategy should contribute to realising this vision of young people.

3. The trainer(s) will divide the group into 3 small groups and assign them 4 (and 3) EYGs asking them to research these EYGs and prepare a presentation to explain them to the other groups. Each group will have 15 minutes to research their goals and prepare their presentations for the plenary. Each presentation should be about 10 minutes long and be delivered with active participation of all members of the group.

4. After the 15 minutes of research and preparation, the groups will gather in plenary and present their EYGs to the other participants. After all presentations are concluded, the trainer(s) will engage participants in a discussion about the different EYGs and their importance.

**BREAK**

Part 2

1. The trainer conducts a virtual survey with the participants. The questions can be closed:

- What do you think youth policy is: policy by young people for young people/policy by the state for youth/policy by NGOs for youth/policy by the school for youth/other

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|   |                     | <p>- Do you know anything about European youth policies YES/NO</p> <p>The questions can also be open:</p> <ul style="list-style-type: none"> <li>- Are there youth policies in your community</li> <li>- If so, in what area are they</li> </ul> <p>2. The trainer(s) will introduce the EU Youth Portal to the participants, showing the main features and content and introducing the concept of youth policies.</p> <p>3. The trainer presents a video</p> <p><a href="https://www.youtube.com/watch?v=Vd3zub--scE">https://www.youtube.com/watch?v=Vd3zub--scE</a></p> <p>4. The trainer(s) will ask the participants to discuss the definition of “youth policies”, which they will note on a flipchart (or similar tool).</p> <p>5. The trainer(s) should guide the participants' brainstorming without giving them the full/correct definition. The brainstorming should lead to a common understanding that "Youth policy" refers to a set of measures, programmes and strategies undertaken to meet the needs and interests of young people in society.</p> <p>6. Facilitated discussion: What is the EU Youth Strategy and what is its most important characteristic?</p> |
| 8 | Debriefing          | <p>The goal is to make participant reflect on the different topics that are important for young people, and what the institutions are actively doing to engage young people in decision making.</p> <p>Some questions for debriefing could be:</p> <ul style="list-style-type: none"> <li>- Do you think all EYGs are equally important? Why or why not?</li> <li>- Do you think all EYGs are relevant? Is something missing?</li> <li>- Are youth policies actually implemented in your country? How?</li> <li>- What do you think should be the characteristics of youth policies?</li> <li>- Do you think this was worth talking about?</li> </ul> <p>The questionnaire can be make via Kahoot</p>   |
| 9 | Tips for the trener | <p>It is important that participants remain engaged and actively participate in the session. If necessary, to maintain their engagement, the trainer(s) can:</p> <ul style="list-style-type: none"> <li>- Offer more breaks;</li> <li>- Use videos, quizzes, interactive presentation tools;</li> <li>- Introduce more energizing exercises or team building games during the session.</li> <li>- In addition, the trainer(s) should always actively observe the</li> </ul>   |

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|    |           | <p>participants and monitor their learning during the session(s) to decide whether further activities are needed to achieve the desired learning objectives.</p> <ul style="list-style-type: none"> <li>- When presenting the EU Youth Strategy 2021-2027 in PowerPoint, each objective should include a discussion and feedback session with the participants. The effectiveness of the presentation depends largely on the presenter’s ability to engage the audience.</li> <li>- Memory issues: Without interactive elements, participants may struggle to remember information</li> <li>- Potential for unequal participation: Some participants may dominate discussions while others remain passive, especially in a group setting. Ensure equal participation: Assign specific roles within group activities to distribute tasks more evenly.</li> <li>- Requires clear instructions: Trainers should ensure that participants clearly understand the activities and objectives to avoid confusion. Use a blended approach: Combine digital and non-digital resources to ensure accessibility and inclusion for all participants.</li> <li>- Provide time for reflection: Include brief discussions after each activity to reinforce learning and clarify doubts.</li> <li>- Time management challenges: Activities may last longer than expected, disrupting the schedule.</li> <li>- Dependence on external resources: The effectiveness of digital tools depends on access to technology and its reliability.</li> </ul> |
| 10 | Resources | <p>EU Youth policies and EU Youth strategy - Presentation<br/> <a href="https://www.youtube.com/watch?v=Vd3zub--scE">https://www.youtube.com/watch?v=Vd3zub--scE</a><br/> <a href="https://www.coe.int/en/web/youth/youth-policy-self-assessment-tool">https://www.coe.int/en/web/youth/youth-policy-self-assessment-tool</a></p>  |



2024-1-BG01-KA220-YOU-000255556

# EU Youth Strategy

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MEDITERRANEAN ACADEMY  
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# ***WHAT IS THE GOOOOOOOOOOAL OF THE STRATEGY?***

Strategy (2019-2027) aims to address the challenges facing young people in Europe by:

- providing a framework for European cooperation in the field of youth policy (2019-2027), including goals, principles, priorities, main areas and measures involving all actors in this area
- complementing the measures taken at national level

# MAIN ASPECTS

EU Member States confirm the following:

- Young people have their own role in society and face specific challenges. They want to take control of their lives and engage and support others.
- A European youth strategy is needed to help young people cope with the challenges they face. This involves national, regional and local authorities, European and international organisations, youth councils, workers, researchers, organisations and civil society
- The European Youth Goals offer a vision for Europe. They range from connecting the EU with youth to mental health and well-being



## *General objectives for young people set out in the Strategy*

- To empower young people to be architects of their own lives, to support their personal development and to allow them to build their resilience;
- To encourage young people and provide them with the necessary means to be active citizens;
- Improve policies that have an impact on young people, in particular employment, education, health and social inclusion;
- To contribute to the eradication of youth poverty and all forms of discrimination, as well as to promote the social inclusion of young people.

## *Principles underlying the strategy*

### **Equal opportunities and non-discrimination.**

Combating discrimination and promoting equality between the sexes.

### **Inclusion.**

Recognizing that young people have different needs, lives and opportunities, and developing policies accordingly.

### **Participation.**

Recognizing that young people are a resource for society, and encouraging their participation in the development and implementation of policies.

### **Global dimension.**

Reporting on international, European, national, the regional and local dimensions of the strategy.

### **A dual approach.**

Mainstreaming youth issues in different areas of politics, along with specific youth initiatives



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## The strategy identifies three main themes:

- engagement,
- connection
- empowerment

and sets out the measures that Member State governments and the European Commission can take

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# Engagement

Engaging young people is a key element of the strategy for ensuring meaningful civic, economic, social, cultural and political participation.

The measures include:

- encouraging and promoting the inclusive democratic participation of young people in society and democratic processes;
- involving young people and youth organizations in the development and implementation of policies;
- supporting youth representation in the work of local, regional, national and European authorities;
- support for dialogue on youth issues in the EU development of civic competences,
- helping young people prepare for participation and exploring alternative forms of democratic participation, such as digital democracy.

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# Connection

Young people should be able to participate in cultural, civic and other exchanges with their peers in the EU and other European countries. Such exchanges already exist thanks to Erasmus+ and the European Solidarity Corps.

The measures include:

- facilitating cross-border mobility for learning purposes for young people and youth workers, including volunteering in the civil society sector;
- promoting participation by seeking synergies between EU funding and national, regional and local schemes;
- engaging young people and youth organizations in relevant EU programs;
- exchange of best practices and development of schemes for validation of skills acquired through non-formal and informal learning.

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# Empowerment

Youth work can develop key personal and professional skills and be a catalyst for empowerment.

The measures include:

- Developing a European youth work agenda with the aim of achieving quality, innovation and recognition of youth work;
- Supporting and developing youth work and training youth workers;
- Recognizing that youth organizations contribute to skills development and social inclusion through youth work and non-formal education;
- Establish accessible youth contact centers to provide services and information

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## Youth goals

**The Youth Goals are the result of the youth dialogue process with over 50,000 young people.**

**They represent the views of young people from across Europe and are part of the EU's youth strategy.**

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## #1 Connecting the EU with youth



Promoting a sense of belonging of young people to the European project and building bridge between the EU and young people to regain trust and increase participation

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## #2 Equality of all genders

Ensuring equality  
all genders and sensitive  
gender approaches in all spheres  
of the young person's life



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## #3 Inclusive societies

Enable and ensure  
the inclusion of all young people  
in society



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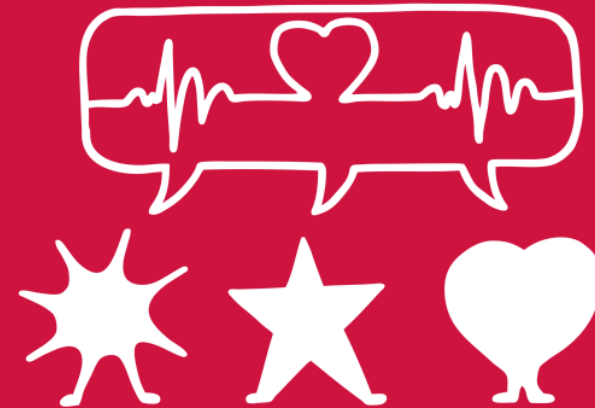
## #4 Information and constructive dialogue

Provide young people  
better access to reliable information,  
support their ability  
to critically evaluate information  
and engage in constructive, participatory dialogue



## #5 Mental health and well-being

Achieving better mental well-being and ending stigmatization of mental health problems, thus encouraging the social inclusion of all young people.



## #6 Moving rural youth forward

Creating conditions that allow  
for young people to realize their potential  
in rural areas





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## #7 Quality employment for all

Ensuring an accessible labor market  
with opportunities that lead to  
quality jobs  
for all young people .



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## #8 Quality training



Integrate and enhance different forms of training , preparing young people for the challenges of the ever- changing life in the 21st century

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## #9 Space and participation for all

Strengthening democratic participation  
and autonomy of young people,  
as well as insurance  
of special youth spaces  
in all spheres of society



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## #10 Sustainable Green Europe



Achieving society,  
in which all young people  
are environmentally active, educated  
and capable of changing  
your daily life

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## #11 Youth organizations and European programs

Ensuring equal access  
to all young people  
to youth organizations  
and European youth programs,  
building a society,  
based on European values and identity



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